



# **UPDATER March 2024**



















### SACL Day Programs

Access

**Bridges** 

#### Community Options



We had a great time doing all kinds of Christmas activities! We decorated our tree for the contest at the Surrey Museum, we enjoyed Christmas songs during our Music Therapy group on Tuesday's, we also had a great time at the annual Christmas luncheon with all of the Day programs! We had yummy food and a good time getting our pictures taken and some games!

In January, we had another new individual join the Access program.. welcome Himran! She is fitting in well with the others and we have enjoyed getting to know her.

The Bridges program started their Self Advocacy group again. This group will be meeting once a week over at Access, with a lot of great things planned. One thing they have started participating in is Safety Training out in the community. Another program that will be starting to use the back room over at Access will be a Communication Group. This group work on learning and using their communication devices, like iPads or voice boxes. This is a great program that helps the individuals become more independent by being able to use their communication devices with others. Bridges also sent a group to do a job for the Wick Fest making swag bags for a women's hockey tournament.

We also once again participated in the Coldest Night of the Year walk/fundraiser for the Cloverdale Community Kitchen. This year we had many of you help with fundraising and we also had a team that did the 5km walk on February 24, 2024! So far we have raised \$1,460 and we have until March 31, 2024 to raise funds if you're still interested in donating. Get ahold of April at Community Options if you would like more information.













## SACL Homes

### Jersey Way

Everyone enjoyed the Christmas holiday season here at Jersey Way. Charline went to see her mom on Christmas, she bought her mom some flowers and sweet treat. Charline's mom was so happy to see her again and they both had a really good time!

Diane is busy going on community outings twice a week, she goes for both coffee and lunch outings. Diane is also busy when she is at home, participating in household chores as per her interest. Both ladies enjoyed Valentine lunch and looking forward to the nice weather of spring.







#### **Clova House**

Both boys and staff both enjoyed the Christmas season. Lots of presents and delish food treats. Bud's sister came to see him. He had really good time with her. Otherwise, Bud is going to day program 5 days a week, seems enjoying every day.

Pat is visiting local parks, beaches and coffee, and lunch outings and indoor walks depending on the weather condition with daytime staff Raj. Pat is doing his exercise as per his PCP goal to keep himself busy and healthy. All of us looking forward to enjoying spring.



## SACL Homes cont....

#### Bakerview



Happy New Year everyone. Everyone here at Bakerview Court had a great Christmas!

Daniel W joined his family for their Christmas celebrations and had a great time. He came home stuffed full of good food and wonderful memories. Later in the month, his family came to take him out for supper to celebrate his birthday. He enjoyed the outing to celebrate his special day, coming home in a happy mood.

Daniel M's niece came to visit him over the holiday season and spent some time with him catching up. Daniel always enjoys visiting with his family and shared some love and laughter.

Gerald enjoyed an afternoon out, accompanied by staff to tour the Christmas light displays put on by some of our neighbors. He seemed excited for the coming holiday, and all the celebrations it brings. He had a couple of small Christmas trees set up in his room, which made him happy.

Lawrence loves Christmas and was counting down the days starting in November, when he gets to set up the Christmas trees. A traditional Christmas supper of turkey and stuffing was served and all 4 men enjoyed the meal.

As we head into spring, we are all looking forward to putting away our winter coats and enjoying some warmer weather, and all the beauty that spring has to offer as everything starts to blossom. Warmer weather means more outdoor activities, including walks and BBQ's/picnics at many of our local parks





We are very sad to announce that Gerald passed away peacefully with his friend Mary at his side on March 3, 2024.

Gerald was a good, kind hearted man who will be missed by many. He joined SACL in 1988 when he moved from Woodlands to one of our group homes called Park Place Community Home & joined our Day Program Cedar Centre/Move. Gerald was able to be moved into Home Share & he also attended Community Options. Just a couple of years ago, Gerald moved into our Bakerview Home where he was able to live a very happy retired life.. full of new friends and new activities. Gerald will be greatly missed by all who knew him.



Rest in peace Gerald.



### Supported Employment



### Supported Employment

Supported Employment continues on a positive journey with individuals searching and successfully achieving employment. Although Christmas was a time to relax, enjoy friends and family, our individuals were working right up until the holiday and even through the season.

One individual received a part time job at Superstore and is doing amazing!! Another has also received a job with McDonalds, and is enjoying the new responsibilities.

Many individuals have embarked on new goals and challenges this new year ranging from employment to personal growth, and are excited to pursue new challenges, ideas and opportunities.

CLBC continues to send many referrals, and it makes for an exciting time for Supported Employment. We have introduced two new individuals to the Program and are working on discovery and job development.

We all look forward to this year and many positive outcomes!!













## Child and Youth Services

**The BUILD Program** gave back to their community by collecting toys in partnership with the **Cloverdale Christmas Hamper Program**. The youth canvased local businesses to host a box and gathered the boxes of toys donated for children who might have gone without this Christmas.

Thank you to all who donated. It was a huge success!





In January, the youth from the STEP and BUILD Program completed their Emergency Level First Aid and CPR C with the Surrey Fire Department!

Community Leisure has had a great winter set, with fully inclusive Skating Lessons as well as Swimming Lessons at four pools in partnership with the City of Surrey.





Next on our agenda is Spring Break Camps! We support children 1:1 to be included with their peers in Spring Break Day Camps through the City of Surrey.

**Child and Youth Services Team** 

Kelly McCafferty, Adele Holland, Alethea Peters, Jeka Ayson, Caitlin McKearney